

UPTON NEWS

and District

October 2022

FREE

Great Malvern Festival of Stories

Professional storytellers, children's authors, illustrators & puppet companies.

RFU Awards

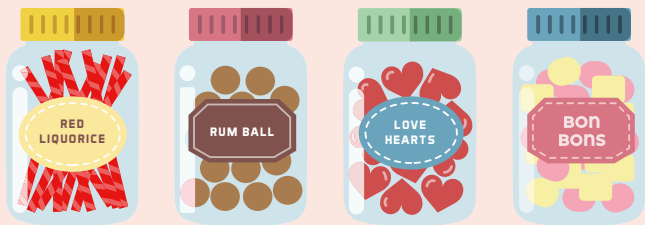
Volunteers recognised for going above and beyond.

Renewable Remembrance Project

Interview with Upton's yarn bombers.

Cover Photograph Credit: Craig Southall

REACHING UPTON-UPON-SEVERN, MALVERN, TEWKESBURY & PERSHORE AREA



SEVERN SWEETS

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WELCOME TO UPTON NEWS and DISTRICT October 2022

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COMMUNITY NEWS

SERVICES AND TRADES

FAMILY AND KIDS

FOOD AND DRINK

GARDEN

HEALTH

RETAIL

Interested in contributing your stories, ideas or advertising with us?

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Welcome to the September Edition of The Upton News and District

Autumn is on its way, so pleased the sun shined on Monday 19th September 2022 when the Nation watched our **Queen** laid to rest, we showed the World how brilliant we are. Excellent news from **Upton RFC** when several of their **Volunteers** achieving **Awards** for their contribution to the **Community**.

Martin Allen asking for you to attend a **Public Meeting** re Hanley Road Flooding on the 17th of October 2022, make sure you book your seat as limited space.

Cannot believe its soon to be half term! **Gemma Dewson** has put together some great ideas for the Autumn Half Term and Halloween.

Do not forget any Community News, Business News, Local Achievements or Announcements please email the details to info@uptonnews.uk or Call **07538 785 314** and we will always try our best to publish it for you.

Remember Our Magazine mission is to encourage everyone to Use Local, Shop Local and Eat and Drink Local and Communicate...

Annette



We use a FSC accredited printer enabling us to guarantee that all of the paper is sourced from ethically maintained forests and only using vegetable based inks. Please recycle this magazine.

**Our Magazine
actively supports:**





OVARIAN CANCER

Ovarian cancer is often diagnosed late. Symptoms include bloating, pain, or tenderness, and a frequent need to pee. The symptoms are varied, and if you're experiencing symptoms twelve times or more in a month, please get in touch with us. There are different types of ovarian cancer, and treatment and prognosis varies depending on the type, stage and grade. It is important to detect any cancer as early as possible.

PROSTATE HEALTH

Prostate cancer can be symptomless. If you're over 50, black, or have a close family member (father or brother) who has had prostate cancer, your risk is increased.

You can quickly and easily check your risk of prostate cancer. Being aware of your risk level can help you to ensure that you are watchful for concerning symptoms, and that you get the appropriate checks for your individual situation.

More information www.prostatecanceruk.org

EXERCISE AND DIABETES

As we move into winter, we become more sedentary. On average, British people sit for 8.9 hours per day. Sitting for more than 4 hours per day has been shown to make changes in the operation of our bodies. Get Britain Standing aims to get the British population up and moving.

Being physically active is beneficial if you are diabetic. Incremental changes can make a big difference to the amount of exercise you do on a daily basis.

www.getbritainstanding.org

www.diabetes.org.uk/guide-to-diabetes/managing-your-diabetes/exercise

Please note: There is an amount of disruption in the reception area as building works continues in our exciting new dispensing robot. During which time we ask patients to use the side door. Thank you for bearing with us!

Feet Treat

Mobile Foot Practitioner

Kristine Dudfield

S.A.C.Dip.RFHP DBS Checked

Be treated in the comfort of your own home

For any of the following

Corns

Callus

Nail Trimming

Fungal Infections

Hard Skin & Cracked Heels

Reduction of thickened Nails

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AUTUMN COVID BOOSTER / FLU VACCINATION PROGRAMME

SUPER SATURDAY CLINICS PLANNED FOR THIS AUTUMN (depending on vaccine availability)
8th & 29th October

FLU

We're now offering the influenza vaccination to our patients who are at higher risk. We will contact you when it's time to book your appointment.

If you have a child aged 2 or 3 on 31st August 2022, we're offering vaccination against influenza.

If you have a child aged 4 to 17 years of age who is at-risk of complications from flu, you can have them vaccinated at your GP practice.

COVID

The JCVI's current view is that in autumn 2022, a COVID-19 vaccine should be offered to:

- Residents in a care home for older adults and staff
- Frontline health and social care workers
- All those 50 years of age and over
- Adults aged 16 to 64 years who are in a clinical risk group



Sprains, strains, aches and pains?



Lynne Robinson B.Sc, MCSP, MHPC

Chartered and State Registered Physiotherapist

01684 311986

lynne@beechwoodphysiotherapy.co.uk

www.beechwoodphysiotherapy.co.uk

Unit 15, Cygnet Business Centre, Hanley Swan, WR8 0EA

An Expensive Hospital?

At their meeting in October 1922 the Rural District Council considered the comments made by Councillor Whittaker from Kempsey (he was the Headmaster and owner of a boarding school) at the previous meeting about the costs of running the Isolation Hospital in the Welland Road. Mr Whittaker had then said that, by better management, economy might be effected. He considered that with an average of 3 or 4 patients the staff must be "eating their heads off". The Chairman said that, following these comments, to which the matron in particular took exception, he had to use great persuasion to prevent the whole staff resigning. Anyone who went into the figures would find that when, during an epidemic, they had to employ extra nurses they had to be paid at least £4/4/- (£4.20) a week. At this time low patient numbers were unusual.

The Hospital had been opened in 1904 in the Welland Road after the Rural District Council had been searching for a site for some years and had temporarily used Milestone Cottage as an isolation hospital (it was unsatisfactory – too small and the owner of the land kept a large number of pigs nearby!) The administration block with accommodation for the staff on the first floor and a dining room – from the bay window of which (pictured) "the matron can command the laundry and ward blocks" – surgery, kitchen scullery etc. on the ground floor. The laundry block (wash house, ironing room, disinfecting room, mortuary and ambulance house) was near the road. Behind it, the ward block had 10 beds in two wards with nurses' room, linen cupboard and bathroom. Water for the hospital came from the nearby well. There was sufficient land for another ward to be erected, if necessary. This happened in 1909, initially to treat cases of diphtheria: in October of that year it was opened "although not fully furnished."

Apart from Diphtheria other cases treated included scarlet fever, (Dr Cowley wrote to the British Medical Journal in 1904 defending its treatment in isolation hospitals when many thought that a decline in virulence made this unnecessary), measles, whooping cough, puerperal fever (a complication of childbirth) and even, in 1919, a case of malaria. One of the busiest years at the hospital was 1911 when, in July, 17 cases of diphtheria were reported in Kempsey, 6 in Hanley Castle, 3 in Upton, and one in Castlemorton. In addition there were 15 cases of scarlet fever in Upton. Accommodation at the hospital had to be increased by the erection of a tent! In Upton-upon-Severn Recollections Margaret Bramford tells of Eliza Hicks from Cottage Row who spent 8 weeks in the hospital with Scarlet Fever soon after the First World War when all the beds were full: her brother had spent 10 weeks there in the diphtheria ward. Eliza also recalled the special horse drawn carriage which conveyed patients to the hospital to avoid infection.

In October 1922, after Councillor Whittaker had withdrawn some of his comments, various tenders were approved, including

paying Mr Gurney 1/8 (8p) per hour for hire of horse, harness and man for the hospital ambulance.



Bright Lights PARTY!

Monday October 31st 5-6.30pm
at Upton Parish Church

★ **A fun family alternative to Halloween especially for ages 4-11.**

Bouncy castle . glowsticks . party games . craft . food . video games . prizes
Wear your brightest, sparkliest clothes! Prize for best costume.

Tickets £3 per child if bought in advance, or £4 on the day subject to space being available.
Information and tickets from www.hopechurchfamily.org/brightlights, also from facebook.com/hopechurchupton
or via the church office: admin@hopechurchfamily.org



Hope Church Family

The Church of England parishes of Upton with the Hook, Ripote, Earls Croomie with Hill Croomie and Strensam, Hanley Castle with Hanley Swan and Welland.



Local Discount Book for Our Community

Malvern District Council are proud sponsors of the new District Discount 500 book. The booklet includes 500 local vouchers and offers with a 6 month use by date. With the uncertainty of the cost of living rise and Christmas around the corner the local discounts and offers enable your customers to get great value for money along with the feel good factor of putting their money directly into their community. The books are £1 and provide huge amount of possible savings, they will be available through local businesses and online from November.

Businesses can choose any offer or discount that they would like to promote and include a picture and/or logo on the coupon. The low entry price (£5) enables our local retailers and services to communicate with their current and potential customers at a very low cost. Whilst also creating a small income from selling books if they so choose. So it can be a zero cost way to advertise across the Malvern district and in turn get foot fall and enquiries flowing.

District Discount 500 production is now taking place and coupon slots are available. If you are interested in adding a coupon to the booklet, at £5 per entry, please contact Annette on annette@uptonnews.uk or 07538 785314.



DISTRICT DISCOUNT 500

LOVE TO SING?

Every Wednesdays
7-8.30pm
Upton Baptist Church,
Old Street

UPTON'S
FUN AND
LIVELY
COMMUNITY
CHOIR

Check out the Facebook page - all welcome!
Contact shirls@voxrox.co.uk or 07989407748 for details.

Councillor Martin Allen's County and District Report



As I type, I'm in mid-Wales. It's the Sunday after the news of the Queens passing, and bells toll out. As a veteran I have always had the highest regard for Her Majesty, and it will come as no surprise to you hear that I love the Monarchy. There is, for me, no better example of service and sacrifice than that our late Queen made for all of us.

HANLEY ROAD FLOODING PUBLIC MEETING

Following on from a successful meeting with Environment Agency and Worcestershire County Council, I have managed to secure an agreement for WCC to hold a public meeting. This is to be held at out Memorial Hall on Wednesday 19th October 2022, commencing at 7.00pm. Seating will be limited, so, if you would like to attend, please contact the Clerk of our town Council to get your ticket - telephone: 01684 592273 or email: uptontowncouncil@btconnect.com

As you may know, I prefer to tell you the whole truth and not just the parts I want you to hear. This meeting will be hard - to some extent a bitter pill to swallow. However, I do want you to hear the reality of the situation which I have been for so long trying to address, more important than that, I need your help. Somewhere out there, one of you will have a good idea that no one else has thought of. My hope is that, after the meeting, you will go away and get your thinking caps on. There are no quick fixes, but I firmly believe that this is a starting point, a line in the sand.

ROWING LAKE?

Finally, we seem to be getting close to a vote on the application for Fish Meadow to extend the mineral extraction. I have marked the area to be voted on in red with yellow dots. As you can see, this is only a small part of the extraction. The remainder of the extraction to be carried out was voted through long before I became your County Councillor.



I have been working hard with Officers at WCC to understand exactly what is proposed. I was surprised to find out that the County Council will not vote on the rowing lake; that matter will be down to the District Council, if and only if, a planning application is submitted.

YET ANOTHER COMMUNITY BUS!

One of my ambitions has been to provide more buses for Upton and the surrounding villages and hamlets. While the administration at County hall have agreed to fund the current buses up to the end of March 2022, no one knows what will happen after that. So, working with your Town Council and Ripple Parish Council, I have secured funding for the Upton Shuttle to start from 7th October 2022. Initially it increased to four days a week, if the trials go well. Currently the trial will run until Xmas.

God Save the King



New parks, and who pays for them?

When new homes are built there are many calculations about how much money should be paid by the developer, to contribute towards new roads, hospitals and schools. There is also a requirement to create or contribute towards play areas and parks, "Public Open Space".

The amount of land to be given over to open space is based on the number of houses. Small estates have children's play areas, and larger estates may include parkland and orchards. The space is open not only to the residents of the estate, but also to all people in the area.

In the past, Parish, Town and the District Councils would take over the ownership of the land and maintain it for the public good. In Upton, the park at New Street is managed by the Town Council. The play areas at the Hill Centre are owned by Malvern Hills District Council (MHDC). Even in Ryall, the small area behind The Beeches is owned by Ripple Parish Council. This is something that rarely happens today. Councils are scared to take on the responsibility of maintaining land, and are concerned about liabilities that may arise when the public use the land. If the local council are not confident that flood catchment areas are safe, they will not be happy to take on the risk of a child drowning on their land, for example.

Nowadays, the responsibility for the maintenance of the land tends to be left to the residents of the estate, who pay an annual charge towards the upkeep of the land. In effect, the residents are paying for the upkeep of parks in their area through their Council Tax, and then paying extra through an annual maintenance charge for parks on their estates that everyone else can use without paying. This does, to me, feel a little unfair.

It also means that different agencies are maintaining our public spaces. Parish Councils cut the grass on verges, and land that they own, but on new estates, Management Agencies look after the land, often with varying degrees of diligence. That is why

some "public" areas are awash with dead trees, weeds, and poorly maintained play equipment.

Another reason why local Town and Parish Councilors are wary to take on new land to manage is that they are mostly volunteers, with very little extra time to manage the additional parks. It would be good if more people volunteered to sit on Parish and Town Councils, but it is probably time that the larger Councils, such as MHDC, who have the resources, consider taking over the management of these community areas.

Larger Councils have strategic objectives to create better Public Open Spaces, and to improve access to wildlife areas. Recently, MHDC bought many acres of river-bank flood plain near Worcester to help deliver its move to carbon neutral. The Council also has a large Parks Department, who look after the existing parks such as Priory Park in Malvern.

Going forward, it would be good if Councils offered to take over the land and manage it on behalf of the residents. The developer would gift the land to the council, and make a contribution towards the initial up-keep for the first few years, with the Council taking over responsibility as part of its ongoing responsibilities. This would then have the hidden benefit of protecting the land from future development, since it would be owned by the people, rather than a developer! It also means land could become available for new community facilities, such as halls, allotments or even country parks, without us having to buy land.

And of course, we always need volunteers to become Parish Councillors! The best way to protect your town or village, and to drive what you want in your local area, is to put yourself forward for the Parish Council!



Jeremy Owenson

Lorraine's K9 Adventure

DOG WALKING SERVICE



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Upton upon Severn
Worcestershire

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info@lorrainesk9adventures.co.uk



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- Grass and Hedge Cutting**
- Pruning and Weeding**
- Turfing**
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- Grass Seeding**
- AND LOTS MORE**

Call Pat on 07930 414 603

North Midlands RFU Club Volunteers Go Above & Beyond

The North Midlands RFU Club Support and Development Committee invited the club to nominate volunteers from the Club who have given service above and beyond the norm.

The Committee hold club volunteers in very high regard and wished to recognise

individual achievements from clubs around the North Midlands, feeling that this recognition is especially important this season, as these awards have not been awarded for a couple of years due to the pandemic.

On Saturday 17th September 2022 Malcolm Harris Chairman of the North Midlands RFU was in attendance at Upton RFC to present awards to six of our most distinguished volunteers.

Each person was nominated for the hours they have placed into the continuing development of the whole of Upton RFC.

***Congratulations to all the winners!
You really have gone above and
beyond and your efforts are very much
appreciated!***

The awards presented were:



Peter Dobbin

Junior Chairman awarded Junior Club Volunteer award



Robin Bramley

Junior Under 12 Head coach awarded Junior Club Volunteer award



Patrick Collins

1st XV captain and Under 13s Junior coach awarded Young Volunteer award



Will Clark

1st XV Vice Captain and Under 13s coach awarded Young Volunteer award



Matthew Bookham

President 2018-2022 awarded Senior Long Service award

George Pawson (not in attendance on the day)
1st XV player and Under 13 coach awarded Young Volunteer award

*The Kings Head is
our family run pub on
the banks of the
River Severn.*

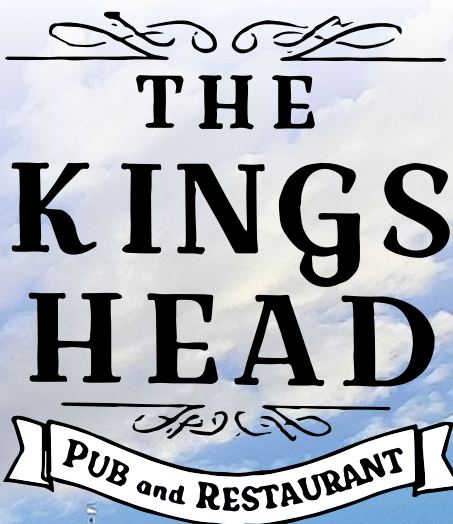
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Available to hire - for prices please
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GET THE LATEST EVENTS

Join our facebook page
@kingsheadupton
for regular Live Music Nights.

QUIZ NIGHT

Every Wednesday @ 6pm



Spook-tastic

Autumn activities for the whole family!

Chilly nights & spooky activities are on their way! Look what's on the agenda for October and some half term family fun!

Kids Kapers

Holiday Club - Half Term Week
Monday 24th - Friday 28th October
Upton Hill Centre
Join us this October half term for some great spooky fun and games! Lots of great activities to kick off Halloween, team games, baking crafts,

challenges, crafts and lots of great Halloween fun!
£20.00 per child per day
Breakfast club is between 8am - 9am
£2.50 per child per day
To Book
<http://www.kidskapers.biz>

Pick your Own Pumpkins

Clive's of Crothorne Pershore
Pick your Own!
From the 1st October, a great way to start the harvest season with the family.
Purchase in their farm shops too at Crothorne and Clive's Fruit Farm, Upton.



Seasonal Spectacles - Book in Advance!

SIX at Malvern Theatres
25th-29th October
From Tudor Queens to Pop Princesses, the six wives of Henry VIII take to the mic to tell their tales, remixing five hundred years of historical heartbreak into an 80-minute celebration of 21st century girl power.
<https://www.malvern-theatres.co.uk/whats-on/six/>



Northern Ballet - Merlin
29th October
Number 8, Pershore.
Inspired by the story of the mythical wizard. Northern Ballet's Merlin will take you on a sweeping epic adventure of heartbreak, hope and more than a little magic.
<https://www.number8.org/events/northern-ballet-merlin/>

Monthly Fairs

The Fold - Bransford
Autumn Harvest Market - 22nd October
2-5pm, The Fold is excited to be hosting an Autumn Harvest Market on the afternoon of Saturday 22 October.
The perfect event to kick start your October half term!



S.A.R.A Upton Presents , An Evening of Stylish Blues, Rock & Soul with....



Lol Cook & The Ferrets!

Hosted by The Boathouse Upton!



15
Oct. 2022

The Boathouse
Waterside, Upton Upon Severn, WR8 0HG
7:00PM

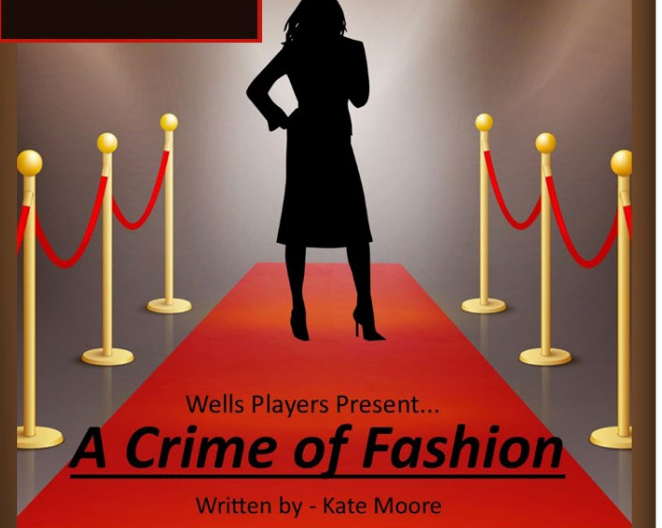
Featuring Raffle Prizes Donated by...
Severn Area Rescue Association
A.S.M Photography
Severn Sweets & Many More!!!

<https://www.eventbrite.co.uk/e/an-evening-of-stylish-blues-rock-and-soul-in-aid-of-sara-tickets-417450373707>

In Support of Community Action

MALVERN WELLS
VILLAGE HALL
7TH AND 8TH OCTOBER 2022
7.30PM

TICKETS £15
TO INCLUDE REFRESHMENTS



Wells Players Present...

A Crime of Fashion

Written by - Kate Moore

Community Action
Malvern & District
Reaching Out and Responding to Local Community Needs



Phone Susie: 01684 594795
www.communityaction.org.uk
info@communityaction.org.uk
Reg No: 1149335



RIVERBOATS
CHILDREN'S CENTRE

RIVERBOATS TODDLER GROUP

Price's Lane, Upton upon Severn WR8 0LY

Suitable for children aged 0 - 5 years

Every Tuesday 1.30 - 2.30pm

Refreshments for grown-ups and children

£1 voluntary contribution

FIND US ON FACEBOOK - RIVERBOATS CHILDREN'S CENTRE



Riverboats Childrens Centre holds a Toddler Group all year round, held in a beautiful environment including an easy access garden to explore!

No need to book, just turn up on the day!

Little Blossoms Children's Nursery



For children aged 3 months to 5 years

After School & Holiday Club up to 11 years

Open 51 weeks a year
8am - 6pm

Funding available for 2-4yr olds

Nutritious food, Forest School, Baby Room, Early Years Staff and lots more...

www.littleblossomsnursery.co.uk
tel: 01684 592743





At the start of this academic year we were all impacted by the passing of Her Royal Highness Queen Elizabeth II. Our thoughts and prayers were with the Royal Family during this very sad time who have managed the personal emotional impact and change in monarchy and all the formality this entails. We are creating a time capsule and The Friends of Upton Primary are donating to us a Queen Elizabeth rose to commemorate this unique moment in history.

At Upton upon Severn we are blessed to have the very stunning River Severn on our doorstep. We own our own bellboats and are given support by the Upton Marina, Tingdene to enable us to store the boats on pontoons with easy access for our children. Working with our local community gives us much pride and we would like to thank Tingdene Marina for all they do for us. In spending time by the water and allowing for the tranquillity of the riverside to surround us provides a wellbeing uplift that is unique to our area.

Our school offers a range of vibrant and positive learning experiences for our children to ensure that as well as the educational development we provide a wider holistic emotional wellbeing programme. From preschool through to Year 6 we offer bellboating, forest school, outside learning, a wide variety of PE and physical development games, walking, investigating the history of Upton and taking great pride in our school that has been here for over 100 years.

Open day on Wednesday 12th October 2022 9.30am or 3.30pm please contact the school office on Tel: 01694 59225 or email: office@uptonuponsevern.worcs.sch.uk to book



Hanley Castle High School

From the new Year 7 students settling brilliantly into secondary school life to the Year 13 embarking on their final year of study, everyone here at Hanley Castle has made a fantastic return to learning this September.

I feel incredibly fortunate to be joining such a wonderful community and couldn't be prouder of the achievements of the students and staff this summer. The examination results achieved were remarkable, with more than one in three of all grades awarded at grades 7-9 and at A*-A for GCSE and A Level respectively. It was a real privilege to be able to recognise the individual successes of so many young people at the annual Celebration of Achievement Evening at the school on 15th September. It is a testament to their resilience and determination that, despite the impact of the pandemic on their schooling, so many students were able to perform at such a high standard.

Both staff and students have made me feel incredibly welcome over the last few weeks, and I am hugely excited to begin my



headship here at Hanley Castle. I cannot wait to fully immerse myself in school life and see how the students flourish in the year ahead.

Mark Stow - Head Teacher

OCTOBER AT THE BOATHOUSE

7th October

BLUES NIGHT

Live music from Fearless Scoundrells
and open mic night

open mic 6.30-8.30pm
Fearless Scoundrells 9pm

BOOK NOW

15th October

QUIZ NIGHT

in aid of SARA River Rescue

7pm

28th October

VEHICLE BLUES

and Rock and Roll Band

9pm





Will meets with Upton's tight knit team of yarn-bombers to discuss an upcoming environmentally-conscious Remembrance Day project.

Written by Will Hewlett



Renewable Wreaths for the Royal British Legion

Next month, Upton-upon-Severn's community will conduct the traditional Remembrance Day ceremony, as the town comes together to commemorate those who have given their lives in service of our country. However, this year the Town Council will introduce a new addition to the proceedings, with the intention of reducing plastic waste caused by weather-worn poppy wreaths.

Many active community members are contributing to Upton's renewable wreath project. An alternative, re-usable crocheted poppy wreath has been designed and crafted by Upton's Knitting Group, in collaboration with The SHED, Upton Baptist Church and the Town Council. The concept was inspired by a commemorative display devised by Hot Peppers Women's Institute, which featured a vibrant cascade of crocheted poppies descended the bank of Upton's Pepperpot garden throughout November 2021.

The creative direction of the project was influenced by the Hot Peppers and steered by Upton's prolific yarn-bombing team, resulting in a prototype wreath that was developed earlier this year.

However, the design's environmentally-conscious thread has existed since its conception, borne from concerns of excessive plastic waste. Originally, plastic wreaths were lain at the town's War Memorial during the Remembrance ceremony, to be collected early in the following year. In 2020, assistant organiser David Newman was tasked with retrieving these weather-beaten wreaths, reporting back to the council that four sacks of plastic waste had now been added to landfill. David voiced his concerns to former Town Clerk Jo Adams, prompting the Council to seek an environmentally-friendly alternative.

The WI's surging display was the first piece of the puzzle, providing crocheted poppies which could be repurposed to give the Council a head-start on the project. The team approached the Hot Peppers with an idea for a renewable wreath, featuring large quantities of these dazzling poppies. The handy heroes at The SHED joined the effort, supplying weather-resistant timber frames to which the poppies could be affixed. However, as many of the poppies had already been sold as brooches in aid of the Royal British Legion, it became apparent that the Council would need to source a further supply.

During the previous Remembrance service, the rails outside Upton's Memorial Hall had been decorated with knitted poppies, courtesy of Upton Baptist Church's Knitting Group. This glorious feature was one of many of the group's 'yarn-bombing' escapades, whereby seasonal designs are crafted and displayed in all manner of locations across town. Readers may recall the fantastic Jubilee display that adorned Old Street's postbox earlier this year, which I fondly compared to an idyllic Sylvanian Families scene. The Knitting Group's contributions were the final puzzle piece, resulting in over thirty crocheted wreaths being supplied to the Council in advance of the Remembrance Sunday service. In September, I met with several key figures behind the renewable wreath project to discuss their creative process. I joined Linda, Tony 1, Wendy, Eric, Tony 2 and Betty Williams, who shared their insight whilst highlighting the significance of the wreaths to the local community. 'A lot of us in the town are veterans', Eric explained. He and Tony 2 are ex-Royal Electrical and Mechanical Engineers, now contributing their extensive skill set to the community set as part of the SHED's

core team, alongside Tony 1 and Rick. The team have recently completed a wooden music book stand to match the Baptist Church's piano, which was hand-crafted with such precision that it looked as if it were machined. Linda and Wendy constitute the creative force behind many of Upton's crocheted displays, of which the letterbox dioramas are a local favourite. This particular feature debuted in the spring, with a maypole-themed scene populated by morris-dancing mice in celebration of Upton's Folk Festival. This was adapted into the Jubilee design in June and replaced by a rock-themed motif during Upton Blues Festival, which featured a miniature stage constructed by the SHED team. Renewal and recycling play an integral part in the group's process, as many existing components are adopted and evolved during the creation of a new design. An Autumnal-themed adornment is expected to appear later this month.

The crocheted wreaths are available to rent via Upton's Town Council for £20 each, and will be lain at the War Memorial during the traditional ceremony. A unique purple wreath, dedicated to the animals that served during World War One, will be lain by the RSPCA. All proceeds from the wreaths are in support of the Royal British Legion. The wreaths themselves will be recovered in early December, whereby the renewal process will begin in preparation for 2023's ceremony. It's exciting to consider the prospect that this project may catch on in other towns across the UK, and we're proud to say that our tight-knit community was at the heart of it.

Photos supplied by Linda Bush, Betty Williams and Jo Adams.

Government Outlines Plans to Help Cut Energy Bills for Businesses

On 21 September the government announced new support for households, businesses and public sector organisations facing rising energy bills through a new Government Energy Bill Relief Scheme. The government will provide a discount on wholesale gas and electricity prices for all non-domestic customers whose current gas and electricity prices are high. This support will be equivalent to the Energy Price Guarantee put in place for households earlier this month. It will apply to energy usage from 1 October 2022 to 31 March 2023, running for an initial six-month period for all non-domestic energy users. The government will publish a review into the operation of the scheme in three months to inform decisions on future support after March 2023. As with the Energy Price Guarantee for households, support (in the form of a p/kWh discount) will automatically be applied to bills.



Malvern Festival of Innovation Returns: 4 - 8 Oct 2022

This year's packed programme kicks off with the launch of founder Adrian Burden's book, looking back at the last 10 years of the festival on 5 Oct. Other highlights include: An evening session discussing the Climate Emergency, with presentations offering insight into how individuals and small businesses can have an impact on this serious issue. Malvern Hills Science Park Tech Day exhibition and talks to showcase some of the technology-focused businesses based on site and elsewhere around Malvern. Science and Technology Comedy Night at the Malvern Cube. Family day at Malvern Library www.festival-innovation.com



Low-cost Advertising for Local Businesses - District Discount

500 Malvern Hills District Council is supporting the new District Discount 500 book and offering local businesses the opportunity for low-cost advertising. How it works:

- Pay £5 per voucher/discount you wish to promote in the book which includes a logo and/or photo of your choice.
- 500 vouchers/discounts will be included in the book and are only available for six months
- 5000 books will go on sale online and in stores from November at a low cost of £1.

Benefits to your business:

- Low-cost advertising
- Promote your business to up to 5000 households from £5
- Generate footfall, new customers and sales
- Opportunity for your business to sell the books and retain some of the costs.

District Discount 500 production is now taking place and coupon slots are available. If you are interested in adding a coupon to the booklet, contact Annette on annette@uptonnews.uk or 07538 785314. This initiative is part of Malvern Hills District Councils commitment to supporting local businesses and communities as part of the new Town Centre Plans.

Popular Specialist Advisor Programme Returns to The Growth Hub

The Specialist Advisor Programme is back for a third wave of giving businesses access to expert advice on topics like financial strategy, the green agenda, sustainability and much more. Over 300 businesses benefited from the first two waves of this programme and spaces will fill up fast. So if you want to receive this FREE expert advice please register your interest now on 01905 677888 or info@business-central.co.uk

BIPC Worcestershire: Free Workshops and Webinars for Businesses

BIPC Worcestershire has plenty of support and webinars for businesses of any size.

- Malvern Library Business Support Drop-in Clinic, advice on starting up, market research and access to further support. No appointment needed, the business breakfast takes place beforehand - 6 Oct 2022

www.eventbrite.co.uk/o/bipc-worcestershire-free-support-for-business-31275789667



Act Now to Reduce Your Energy Costs with Support from WCC

The Business Energy Efficiency Programme (BEEP) and Low Carbon Opportunities Programme (LOCOP) offer free assessments and grants to help businesses save money and reduce carbon emissions. Grants (£20,000) from BEEP include LED lighting, heating, equipment, compressors etc. For businesses interested in solar or other renewable technologies, LOCOP offers grants of up to £100,000. LOCOP advice and grant funding up to £30,000 is available for businesses developing an innovative low carbon product or service that helps others to be green. Both programmes are part-funded by the European Regional Development Fund. Eligibility criteria applies. Zero Carbon Ready Worcestershire - If your organisation is not eligible for support from BEEP or LOCOP, you might benefit from the support available from Zero Carbon Ready Worcestershire, a pilot scheme to help businesses in Worcestershire reduce greenhouse gases and move towards net zero targets. The programme offers free decarbonisation advice and 100% grant funding for smart monitoring systems to organisations in Worcestershire.

Community Builders- Talking to the people and looking for volunteers

This month we have been pinning down some great ideas which the Upton community brought to our attention during our July door knocking and walk abouts:

- * We have brought together a small group who are keen to work on ideas which contribute positively to the look of Upton town centre.
- * Discussions about walking groups and cycling gatherings.
- * Working with a parent to set up a Special Educational Needs families group at The Hill Centre.

We would like to thank everyone involved so far, and value everyone's time and input. If you too, would like to get involved please contact Emily or Sue.

Also, through the Upton transport network group we are pleased to announce an extension of the community buses running to Malvern (CB3 service) along with plans to start a new Upton shuttle bus service. More information about these services can be found on www.communityaction.org.uk/bus-routes/ or phone 01684 892381. If you are interested in becoming a volunteer driver and want to know more you can ring the same number or email info@communityaction.org.uk.

So, if you have an interest and would like to meet like-minded people in the area or set up a group/club we would love to hear from you and please do get in touch.

Emily.johnson@malvern hills.gov.uk
Susan.martyr@ymcaworcestetshire.org.uk



6-8 October 2022

Great Malvern Gin Festival

Following the success of last year, the Great Malvern Gin Festival is back and taking place on Thursday 6th - Saturday 8th October, allowing you to explore your local independent hospitality venues and the extensive range of gin they have to offer.

Whether you want to try gin locally distilled, a creative gin cocktail, something more unusual or a non-alcoholic G&T, you'll find it all within Great Malvern. Whichever refreshing drink you choose, live musicians will be roaming across venues to keep you entertained plus a number of gin experts too (live entertainment times and venues to be confirmed).

More information at www.malvern hills.gov.uk/town-centres



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Green Finger's Top Tips For October

The autumn chill sets in.

Although we had some warmer days over September, the autumn is now definitely here for real, and it feels colder. It's a beautiful time of year, with the trees changing colour. Sometimes it may seem pointless raking, when the wind blows even more leaves onto the lawn, but just think of all the lovely leafmould you can make!

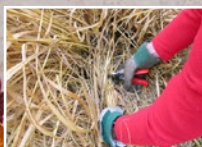
Start preparing for early frosts.

Move tender plants, including aquatic ones, into a greenhouse or conservatory. In frost-prone areas a conservatory is the ideal place for overwintering tender perennials and marginally hardy plants from the garden. Cold-sensitive plants in need of good light levels and dry, frost-free conditions will also benefit.



Cut back perennials that have died down.

Perennials are not demanding plants, but trimming them after flowering finishes in autumn helps improve their appearance and flowering. However, you can leave some stems over winter to provide homes and food for wildlife, and then trim back in spring.



Divide herbaceous perennials.

Dividing perennials regularly will ensure healthy, vigorous plants that will continue to perform year after year. It also offers the opportunity to multiply your plants.



Jobs for October

Divide established rhubarb crowns to create new plants

Plant out spring cabbages

Harvest apples, pears, grapes and nuts

Prune climbing roses

Finish collecting seeds to sow next year

Last chance to mow lawns and trim hedges in mild areas

Renovate old lawns or create new grass areas by laying turf

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TEAMS 4U UKRAINE UPDATE

Some six months ago now, a number of Ukrainians, over 70 in all, arrived in our town seeking safety and friendship, a place to call home whilst their own country suffered the horrific effects of a terrible war. Having got to know each family well, we have found our own lives are richer, thanks to our new friends. Generous, kind, caring and hard working people with a heart to play an active role in Upton and surrounding communities.

Families feel so settled here in Upton and the children especially are loving school, both Hanley High School and Upton Primary. School uniforms are a novelty and some of our subject options are completely new to the older young people. They are embracing the opportunity and many are taking English lessons to help them thrive here.



Most Ukrainians are still with Host Families, but living more independently than when they first arrived, having secured jobs and able to get around using bikes kindly donated by local people. So the next step for each family is to find their own accommodation, somewhere to rent and call their own.

Sadly, Local Authority Housing is in very short supply locally and nationally, and renting privately poses a huge challenge because our Ukrainian friends do not have a track record of renting in this country.

Often I get asked 'How can we help?', and whilst we no longer need bikes or clothing donated, what our Ukrainian families do need are small homes/flats/annexes in and around Upton to enable them to stay in the community they love and live independently.

This is where you can help!

Do you know a private Landlord who might be sympathetic to their challenges and consider renting to an established local Ukrainian family?

Have you got an annexe you might be able to offer where they could contribute towards utility bills?

Do you know of any long term empty homes that might be suitable?

If you do, please can I encourage you to email secretary@uptonbaptistchurch.co.uk or call us on 01684 594991. The community in Upton is fantastic for pulling together to find solutions that help one another out when on the face of it it seems impossible. With our collective ears to the ground, maybe we can help some families find their place in Upton.

Guest Column by Harriett Baldwin MP



It is with great sadness that I write these words reflecting on the passing of our much-loved Queen Elizabeth II. As I said in my own tribute to her in the House of Commons, we all hoped that she would, like her mother, reach her 100th birthday and reflect on whether to send herself a congratulatory telegram. Her life was an exemplar of public service and 15 Prime Ministers benefitted from her wisdom and experience. My thoughts are with all the Royal Family who are bearing the unbearably heavy burden of grief. These are sad times, and the whole world has come together to reflect and honour the life of our departed Monarch.



In the same week, we appointed a new Prime Minister and then lost our Queen and there cannot be a better example of our advanced democracy that we are able to smoothly pass on the reigns of power to a new leader and a new Sovereign. It was a week of history as we saw how our unwritten constitution deals with both a change of Prime Minister and a change in our Head of State - peacefully, transparently and in an orderly way. I am truly grateful for this.

It is remarkably British that the Royal Parks spokesperson had to urge people to stop leaving marmalade sandwiches in tribute to Her Majesty. The wonderful Platinum Jubilee and the show-stopping interchange between her and Paddington will live long in all of our memories. We will take time over the coming weeks and months to reflect on her life and achievements and I have already read many hundreds of thousands of words written testifying to what a positive influence she had on people across all walks of life. The glorious second Elizabethan era is at an end and we embrace a bright future in the reign of King Charles III. God save the King.

**Nuyard Country and Garden Centre
Colouring Competition**

Age Brackets:
Under 5
5-8 years
9-12 years
13-16 years

Please return all entries by 5:30 pm Friday 28th October

Winners will be announced **Saturday 29th October**
Prizes to be collected during business hours on **Sunday 30th October** if possible

A Word from the Mayor...



As I write my report, the Queen's death on the 8th September is still very fresh in everyone's mind. I have listened to stories from friends and family of fond memories that they have of the Queen over the years that she reigned over our country and commonwealth. For many of us the only monarch we have ever known.

Many of you wrote in the Towns condolence book, that was situated in the Memorial Hall, in which as your Mayor I wrote 'On behalf of the people of Upton upon Severn I send our deep condolences to the Royal Family on the passing of Her Majesty the Queen.'

On Sunday the 11th September at 3.30pm I read the Proclamation outside the Memorial Hall, it was an historical moment that I will never forget and I would like to thank all those that came out to be part of that history.

Due to the holiday season my duties have been a little quieter than normal but I did attend a quiz evening in aid of one of my chosen charities - Worcester Cancer Aid, which raised over £500. The quiz was very well attended and I am pleased to say that I was part of the winning team even though I can't actually say I answered too many questions to help!

I also was asked to attend the Scouts AGM and to be one of the judges for their 'bake off' competition in aid of the 'Macmillan coffee morning.' I felt as part of the WI I had the skills to judge fairly but it proved to be difficult as the entries were all very good, but between us we did manage!



Santa's Little Helpers needed - Calling all knitters & Crochet Makers!



We need knitted or crocheted squares, 5 inches by 5 inches for blankets - Operation Upton Blanket.

We are looking for knitters and crocheters to make the famous Upton angels

Volunteers to stitch up some Christmas stockings for our Ukrainian children

Contact the Stitchery!



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QUEENHILL WI REPORT

The September meeting took the form of a Craft and Produce Show. The hall looked attractive and welcoming to members, judges and visitors alike.

Members produced interesting and attractive display entries for the vegetable, fruit and flower sections despite the high summer temperatures. The cookery and jam sections, and the craft, art and photography entries were much admired! All showcased our interests and talents. This year, the 'dressed and decorated peg doll challenge' tested our ingenuity and imagination - and was fun to try. By the start of the afternoon's meeting, scoring had been done and trophy winners could be announced.

It was a privilege to have Ruth Etheridge to talk about the Cooperative Community Fund that helped us with financial support during lockdown, and how she came to be associated with the work of the Coop in Upton. It underlined for us the importance of the community we enjoy in our town.

Our next meeting will be on Thursday October 13th at 2.30pm in Queenhill WI Hall, when Dr Gillian White will talk about Chatsworth and the Cavendish Family. It will be good! Come and join us!



HOT PEPPERS WI



Hot Peppers WI had an August break while many members were away on holiday, but September certainly made up for it.

At the beginning of the month we enjoyed a visit to Eastnor Pottery where they made some very interesting creations! We also spent an evening on the Toddington Railway eating fish and chips, drinking Prosecco and trying to work out 'whodunnit' in the murder mystery play. Needless to say, after Prosecco that was a hopeless task!



The monthly meeting in the Memorial Hall had 33 attendees and our speaker Juita Akhtar ran Moment by Moment explaining mindfulness, the benefits and integration into our lives. Followed by ten minutes of relaxing, mindful moments.

We also had two visitors from Hanley Swan WI, Jackie and Penny, who came along with their range of Eco-friendly cleaning and beauty products which aim to reduce plastic in our environment.



Delicious cakes, tea and coffee followed before the raffle was drawn.

Our next meeting will be on October 27th when Ellen Cochrane will be speaking about her work as the UK ambassador for the Jareel mule and Donkey refuge.

Visitors are always welcome, 7.30 pm in The Memorial Hall.

3 Old Street, Upton upon Severn WR8 0HN
9am - 5pm Monday - Saturday

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Greetings From Upton

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SPECIAL DAY BALLOONS & DISPLAYS





Thank you Your Majesty HRH Queen Elizabeth II



It is with great sadness that we have all been part of a moment in history, brought about by the death of Her Majesty HRH Queen Elizabeth II who's reign of 70 years has come to an end. We welcome HRH King Charles III and a new era begins. I wanted to tell you about the amazing afternoon I spent at the Queenhill & District WI. Strangely we were gathered together on Thursday September 8th the day our Queen passed, and we were completely unaware of what was happening. I had looked forward to visiting them since 2020 when they received funding from the Local Co-op

Community Fund to replace unsafe electric heaters and other overdue repairs to their building. It was a great honour to join them at their Annual Craft & Garden Show when exhibits were judged & cups awarded! Thank you for a lovely tea with cakes & sandwiches, a little like Paddington and the Queen.

On Saturday September 17th I was asked to join the 1st Upton upon Severn Scouts for their Coffee Morning and Bake Off. They are one of the good causes who will receive Co-op funding this year and want to use it to improve their kitchen to cook up more

lovely things. I was asked to be one of the judges, and thoroughly enjoyed tasting the entries!

Winners & Judges at the Bake Off



15 Old St, Upton upon Severn, Worcester WR8 0HN
Open 7am - 11pm Everyday

Please keep using your Co-op loyalty card and donating!
Many thanks for your continued support for the Co-op in our Community. - Ruth Etheridge

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to be in the
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New Great Malvern Festival of Stories to feature exciting line-up

A brand-new festival of stories will soon be making its way to Great Malvern with an internationally renowned line-up of authors and workshops.

The new Great Malvern Festival of Stories for Children takes place from Thursday 20 October, to Sunday 23 October 2022, in a number of venues throughout Great Malvern, including The Lyttelton Well, The Coach House Theatre, The Cube, and Malvern Library.



The festival, which has been formed by Malvern Hills District Council in partnership with Boffy Arts and Events, is a celebration of stories, featuring a programme of professional storytellers, children's authors, illustrators, puppet companies, musicians, and theatre.

Showcasing their illustration skills at the event will be Horrible Histories' illustrator Martin Brown, and Jonny Duddle, illustrator of the celebrated Harry Potter books.

Taking place on Thursday and Friday of the festival is a programme designed specifically for Malvern schools, this will be followed by a family programme on Saturday and Sunday which is open to everyone.

The festival programme also includes:

- Recently appointed Children's Laureate Joseph Coelho.
- Popular children's author and illustrator Korky Paul.
- Internationally renowned storytellers Peter Chand and Cat Weatherill.
- Puppet Theatre by Lempen Puppets, Indigo Moon Puppet Theatre and Sealegs Puppets.

In addition to this there will be author signed copies of books for sale, the Worcestershire Travelling Music Box, and a Children's Window Trail with a prize book voucher from Malvern Book Co-operative.

There will also be opportunities for local businesses to be involved in the Children's Window Trail competition.



Cllr Daniel Walton, Portfolio Holder for Tourism and Economic Development at Malvern Hills District Council, said: "We are so thrilled and I'm really proud that we're launching this new festival in Malvern. Reading and listening to stories play such an important part in children's lives and they contribute towards vital skills needed for the future. There is an exciting line-up at the festival which will be sure to spark creativity and imaginations, we hope families will have a fun, special time together."

Steve Boffy, from Boffy Arts and Events said: "I'm really excited by this new festival and the programme we have in store for Malvern's Children and Families. It has been great fun for my team and I choosing the many authors, storytellers, puppeteers, and performers. We all hope that this will become a much loved annual event for Malvern".

Please visit www.visitthemaalverns.org/storyfest for more information.

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Being game-changers...

Are we living the most impactful life for our King and his kingdom? Not our new King Charles but the King of Kings Jesus and his eternal kingdom. Jesus, the anchor and Leader, whose living power and personal salvation enabled Queen Elizabeth to have such an impact across the planet. Understanding we can be on his team and be game-changers in this world is the theme of our Breakfast Church TED talks this autumn. Doors open 9.30am on the 1st and 3rd Sunday of the month.

Answering Jesus and his question to us becomes the turning point in our lives as happened here for Peter: Once, when Jesus was praying in private and his disciples were with him, he asked them, "Who do the crowds say I am?" They replied, "Some say John the Baptist; others say Elijah; and still others, that one of the prophets of long ago has come back to life."

"But what about you?" he asked. "Who do you say I am?" Peter answered, "God's Messiah."

Carol Unwin - Associate Pastor carolunwin@gmail.com

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LOCAL CALENDAR

Monday	Tuesday	Wednesday
 UPTON HERITAGE CENTRE Open: Mon to Sat 10am-1:15pm 2pm-4:30pm	 Tudor House Museum Church St, Upton Thurs, Fri, Sun: 1.30pm Sat: 10.30am (last entry 4pm)	
	 Tenbury Wells Country Market 9.30am - 12 Noon	
3	4	
	 Tenbury Wells Country Market 9.30am - 12 Noon	 Gundog of Wales @ Three Counties  Upton Primary 9.30am & 3.30pm
10	11	
 Dementia Cafe @ Upton Baptist Church. 2 - 3.30pm	 Tenbury Wells Country Market 9.30am - 12 Noon	 Emporium Craze @ Tewkesbury 10am - 4pm
17	18	
	 Tenbury Wells Country Market 9.30am - 12 Noon	 Emporium Craze @ Tewkesbury 10am - 4pm
24	25	
 Bright Lights Party @ Upton Parish Church 5-6.30pm	 Upton RFC OCTOBER DATES	Sunday 2nd Training (H) All Teams
31		

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Ludlow / Ludlow Races Thursday, 20th

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Windsor Thursday, 27th

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WEEKLY EVENTS - Please note that some may not be running on term time, please check with the organisers directly.

Monday	Tuesday	Wednesday
 Help Looking For Job @ Upton Baptist Church. AM  Dancefit with Kirsty @ Ashchurch Hall. 9.30am  Knit & Natter @ Rose Cafe (Nuyards) 10am - Midday  Yoga Session @ The Hill Centre 10.30am - Midday  Patsy Watten Yoga @ Church Rooms Upton. 6.30 - 7.45pm  Upton Guides @ Scout & Guide HQ, Upton. 6.30- 8.30pm  Bonsai Chi @ Upton Primary School. 5 - 6pm  Kids Karate @ Upton Primary School. 6.15 - 7pm  Adults Karate @ Upton Primary School. 7 - 8pm	 Zumba with Kirsty @ Upton Hill Centre. 6.15- 7.15pm  The Ark Baby Group @ Baptist Church 10 - 11.30am  1st Upton Cubs @ Scout & Guide HQ Upton. 6 - 7.30 pm  Zumba with Kirsty @ Croft Farm. 9.30am  Tenbury Wells Country Market @ 9:30am  Tenbury Community Pool	 Art Classes @ B... 10.30am - 12.30pm  Yoga Session @ ... - 3.30pm  Upton Brownie HQ, Upton. 6-7  Quiz Night @ ...  Hanley Voices @ Hanley Castle S...  Board Gaming @ ...  VoxRox Choir @ ... 7 - 8.30pm

Wednesday	Thursday	Friday	Saturday	Sunday
<p>JAZZ IN THE VILLAGE - IAN MILLER & DOMINIC SPENCER SAXOPHONE & PIANO DUO FROM SCOTLAND 15TH OCTOBER 8PM @ RIPPLE PARISH HALL WWW.WEGOTTICKETS.COM/EVENTS/552849</p> 			<p>Applefest @ The Burgage Tenbury Wells. 9am</p> <p>Produce Market @ Hellens Much Marcle</p>	<p>Game Chargers @ Hope Church 9.30am</p> <p>Monthly Market @ The Fold, Bransford. 10am</p> <p>Vinyl & CD Fair @ Elmslie House 10am-3pm</p> <p>Earl Tea @ Wheelhouse</p> <p>The Dell House Open Garden. 1-5pm</p>
Malvern Gin Festival				
<p>5</p> <p>Championshipes Show Ground</p> <p>Open Day 10pm</p>	<p>6</p> <p>Chamber of Commerce Expo @ Three Counties Show Ground</p>	<p>7</p> <p>Blues Night @ Boathouse 9pm</p> <p>Hook Church Birthday Celebration Concert. 7pm</p>	<p>8</p> <p>Ravelin Open Garden. 1pm</p> <p>Keith James Music @ Elmslie House. 7.30pm - 9.30pm</p> <p>Disability Film Festival: Unrest @ St. Peter's Church. 7pm</p> <p>The Hush @ Wheelhouse</p>	<p>9</p> <p>Flea & Collectors Fair @ Three Counties Show Ground</p> <p>Mike Davies Band @ Wheelhouse</p>
<p>12</p> <p>Emporium Craft Fayre Town Hall</p>	<p>13</p>	<p>14</p>	<p>15</p> <p>Emporium Craft Fayre @ Tewkesbury Town Hall 10 - 4pm</p> <p>Disability Film Festival: Marche ou Creue @ St. Peter's Church. 7pm</p> <p>Jazz Duo @ Ripple Parish Hall 8pm</p> <p>Viatrix @ Wheelhouse</p>	<p>16</p> <p>Game Chargers @ Hope Church 9.30am</p> <p>Classic Car Show @ Three Counties Show Ground</p>
Militaria Fair @ Three Counties Show Ground				
Great Malvern Festival of Stories for Children - www.visitthemaalverns.org/storyfest				
<p>19</p>	<p>20</p> <p>Talk - Bible Stories with Children</p>	<p>21</p>	<p>22</p> <p>Disability Film Festival: Encanto @ St. Peter's Church. 4pm</p> <p>Shed of Stories @ Priory Grounds 10am- 4pm</p> <p>Doc Rock @ Wheelhouse</p>	<p>23</p> <p>Free Arrow Valley Brass Band Concert @ Upton Parish Church 2.30pm</p> <p>Shed of Stories @ Priory Grounds. 1pm - 4pm</p>
Halloween Half Term @ Witley Court				
<p>26</p> <p>Emporium Craft Fayre Town Hall</p>	<p>27</p> <p>Disability Film Festival: Romy's Salon @ St. Peter's Church. 7pm</p>	<p>28</p> <p>Vehicle Blues and Rock & Roll @ Boathouse 9pm</p> <p>Halloween Kids Disco @ Norton Parish Hall 3-5pm</p>	<p>29</p> <p>Emporium Craft Fayre @ Tewkesbury Town Hall. 10 -4pm</p> <p>Film - Belfast @ Ripple Parish Hall 7.30pm</p> <p>80's Duo @ Wheelhouse</p> <p>Hanley Swan Food Market. 9.30am</p>	<p>30</p> <p>4x4 Land Rover Spares Day @ Three Counties Show Ground</p> <p>Hanna & Brian @ Wheelhouse</p>

End of October (Home):	Sunday 9th October Training (Home): All Teams excluding U14 Sutton Colefield (Away): U14	Sunday 16th October Ledbury (TBC Ground): All Teams	Sunday 23rd October Training (Home): U16, U13 Bredon (Home): U14, U12, U11, U10, U9, U8, U7	GIRLS & MICROS Training (Home) ALL OCTOBER
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out of school

KEY: Entertainment & Events Family & Children Groups & Activities Sports

Wednesday	Thursday	Friday	Saturday	Sunday
<p>Bridge House 10 & 2 - 4pm</p> <p>The Hill Centre 2pm</p> <p>Scouts @ Scout & Guide HQ 7.30pm</p> <p>Kings Head. 6pm</p> <p>community choir @ School 6.15-8pm</p> <p>@ The Foley Arms. 7pm</p> <p>@ Baptist Church Hall.</p>	<p>Upton Youth Band @ Church Rooms. 6.30 - 9pm</p> <p>1st Upton Scouts @ Scout & Guide HQ Upton. 7 - 9 pm</p> <p>1st Upton Beavers @ Scout & Guide HQ Upton. 5.15 - 6.30 pm</p> <p>Knit & Natter @ The Stitchery 10.45 - 12.15pm</p> <p>Art Classes @ Bridge House 10.30am- 12.30, 2 - 4pm & 6 - 8pm</p> <p>Dancefit with Kirsty @ Ashchurch Hall. 9.30am</p> <p>Tae Kwon Do @ Welland Parish Hall 6.30 - 7.30pm</p>	<p>Base Camp & Girlz Only Age 5 - 11 @ The Church Room, Upton. 5 - 6.15pm</p> <p>Welland Toddler Group @ Welland Village Hall 9.30 - 11am</p> <p>Upton Rainbows @ Church Rooms, Upton. 4.30- 5.30pm</p> <p>Art Classes @ Bridge House 10.30am - 12.30pm</p> <p>Zumba with Kirsty @ Ashchurch Hall. 9.15am</p> <p>Konga with Kirsty @ Wheatpieces Centre. 9.15am</p>	<p>Welland Junior Football @ Football Club. 9 - 10.30am</p> <p>Konga with Kirsty @ Upton Hill Centre. 9.30am</p>	<p>The Deep End Youth Club Age 9-14 @ The Church Room, Upton. 5.30 - 7pm</p> <p>Messy Crafts @ Baptist Church 4 - 5.30pm</p> <p>Mixing Pot Cafe @ Baptist Church 7 - 8.30pm</p> <p>Tae Kwon Do @ Welland Parish Hall - 6 - 7pm</p> <p>Live Music @ Whitley Court 10am</p>

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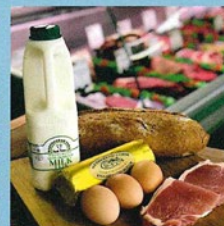
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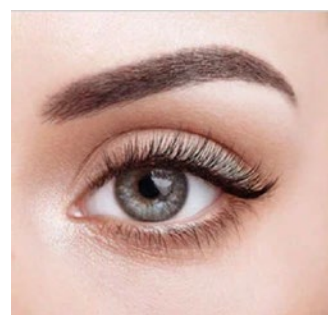
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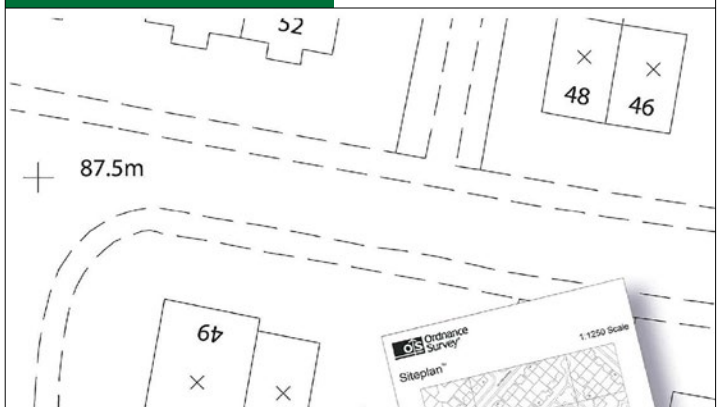


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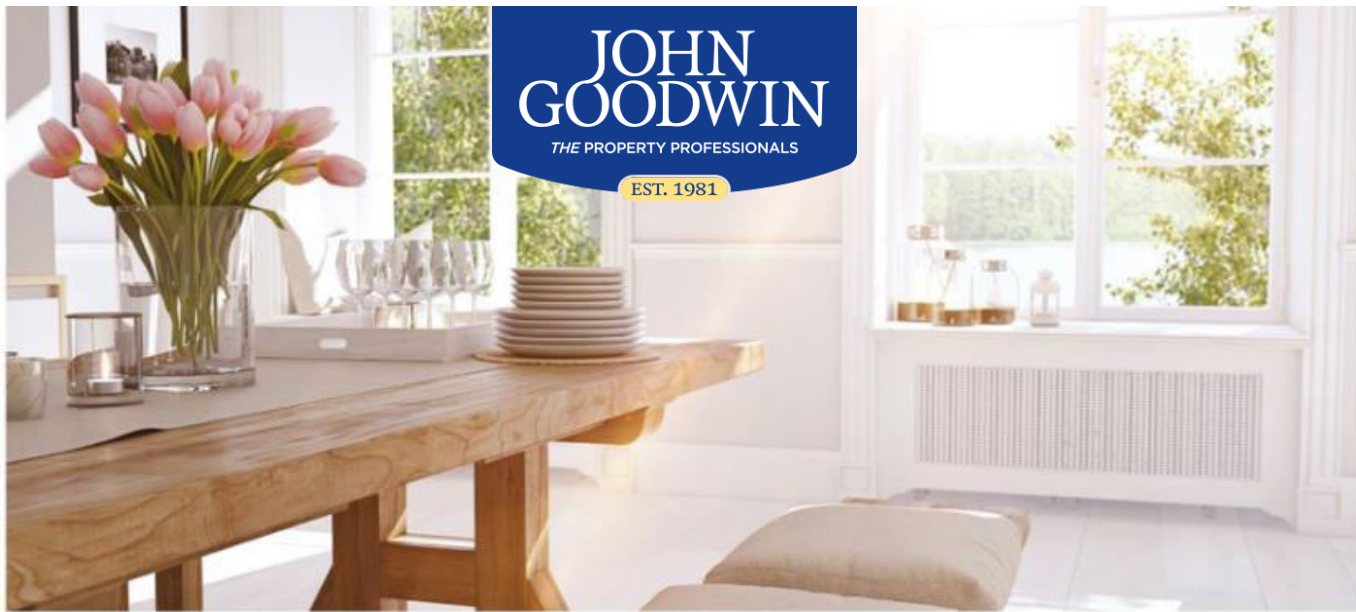
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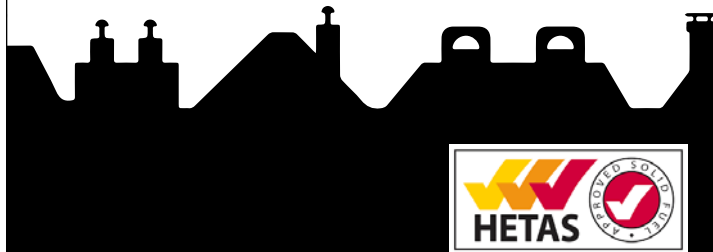
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